



Lara Brierley

# MTAS

Massage Therapist  
Association of Saskatchewan

## 2022-2023 Board Nomination Application

The Provincial Board of Directors shall consist of no less than nine provincial representatives. All Directors are to be nominated at the Annual General Meeting. Board members are required to attend a minimum of six Board meetings per year and participate in MTAS committee work. As a Board member, you have the opportunity to create support for and advance the profession of Massage Therapy in Saskatchewan.

Any Practicing Member or Non-resident Practicing Member with voting rights, in good standing, with the exception of an owner or operator of a massage therapy training school, or director of another massage therapy association, who is qualified to act as director, shall be eligible for election to the Board. A retiring Board Member shall be eligible for re-election.

**Board Terms:** A term of office for a Board Member is two years. Each member will be required to serve as a Chair on a committee and will also be selected to sit on additional committees. The time involved varies depending on the committees' respective workloads. A Board member needs to commit to a minimum number of hours each month to Board business. These hours will fluctuate through the year depending on the scheduling of operations for the Committee. Board members are required to attend a minimum of four Board meetings and one strategic planning and orientation meeting in the month of June.

**Board members are expected to be ambassadors of the Association in full support of the MTAS Mission and Activities.**

**Competencies and Attributes:** Board members are expected to have general skills or attributes in several components of leadership and governance which will be an asset to the MTAS Board and membership. These skills shall include but are not limited to:

- Confidentiality
- Listening and understanding
- Decision making
- Integrity/ethics/values
- Professional awareness
- Conflict management skills
- Computer skills

<b>RMT STATUS</b>	<b>Experienced</b>	<b>Familiar</b>	<b>Unknown</b>
Year of practice as an MTAS member	12 years		
Primary area of practice (MFR, research, relaxation, etc.)	MFR, TP, Lymphatic		
Full time (FT) Part time (PT)	P/T 26 hrs/wk		
I previously sat on the MTAS Board (state years)			
I have participated on MTAS committees	9 years on the Competency committee		
<b>MTAS KNOWLEDGE</b>	<b>Experienced</b>	<b>Familiar</b>	<b>Unknown</b>
Policy and Bylaws		X	
Mission Statement		X	
Scope of Practice	X		
Standards of Practice	X		

**SKILL AREAS:**

<b>AUDITING/INTERNAL AUDIT</b>	<b>Experienced</b>	<b>Familiar</b>	<b>Unknown</b>
Board governance			X
Financially literate (ability to read and understand financial statements)		X	
Public speaking		X	
Report writing		X	
Computer skills		X	
PowerPoint presentations			X

<b>COMMUNICATIONS AND MARKETING</b>	<b>Experienced</b>	<b>Familiar</b>	<b>Unknown</b>
Marketing		X	
Public relations		X	
Computer graphics			X
Social media			X
Web conferencing			X
<b>QUALITY IMPROVEMENT/EXPERTISE</b>			
Other areas of education	B.Sc.		
Other health care sources: LPN, chiro, athletic service			
Other business sources: accounting, administrative			
Languages spoken: please list	English		
<b>BOARD AND COMMUNITY SERVICE</b>			
Service club member/leader			
Board member: please list	Mes Amis Preschool, Regina, SK		
Board member positions held	Registrar, 2016-2018		

**Name:** Lara Brierley

**Signature:** *Lara Brierley*

**Date:** Mar. 24, 2022



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<b>RMT STATUS</b>	<b>Experienced</b>	<b>Familiar</b>	<b>Unknown</b>
Year of practice as an MTAS member	8 years		
Primary area of practice (MFR, research, relaxation, etc.)	Chronic Pain, Therapeutic Massage		
Full time (FT) Part time (PT)	Full Time		
I previously sat on the MTAS Board (state year(s))	Currently		
I have participated on MTAS committees	Finance Director, Board examination committee		
<b>MTAS KNOWLEDGE</b>	<b>Experienced</b>	<b>Familiar</b>	<b>Unknown</b>
Policy and Bylaws		✓	
Mission Statement	✓		
Scope of Practice		✓	
Standards of Practice		✓	

**SKILL AREAS:**

<b>AUDITING/INTERNAL AUDIT</b>	<b>Experienced</b>	<b>Familiar</b>	<b>Unknown</b>
Board governance		✓	
Financially literate (ability to read and understand financial statements)	✓		
Public speaking		✓	
Report writing		✓	
Computer skills		✓	
PowerPoint presentations		✓	

<b>COMMUNICATIONS AND MARKETING</b>	<b>Experienced</b>	<b>Familiar</b>	<b>Unknown</b>
Marketing		✓	
Public relations		✓	
Computer graphics		✓	
Social media		✓	
Web conferencing		✓	
<b>QUALITY IMPROVEMENT/EXPERTISE</b>			
Other areas of education			
Other health care sources: LPN, chiro, athletic service			
Other business sources: accounting, administrative			Accounting
Languages spoken: please list			
<b>BOARD AND COMMUNITY SERVICE</b>			
Service club member/leader			
Board member: please list			
Board member positions held			Finance Director, MTAS

Name: **Amanda Gara**

Signature: *Amanda Gara*

Date March 23, 2022



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Year of practice as an MTAS member	10		
Primary area of practice (MFR, research, relaxation, etc.)	MFR, EVIDENCE INFORMED)		
Full time (FT) Part time (PT)	FT		
I previously sat on the MTAS Board (state years)	6		
I have participated on MTAS committees	YES		
<b>MTAS KNOWLEDGE</b>	<b>Experienced</b>	<b>Familiar</b>	<b>Unknown</b>
Policy and Bylaws	✓		
Mission Statement	✓		
Scope of Practice	✓		
Standards of Practice	✓		


**SKILL AREAS:**

<b>AUDITING/INTERNAL AUDIT</b>	<b>Experienced</b>	<b>Familiar</b>	<b>Unknown</b>
Board governance	✓		
Financially literate (ability to read and understand financial statements)	✓		
Public speaking	✓		
Report writing	✓		
Computer skills			
PowerPoint presentations	✓		



<b>COMMUNICATIONS AND MARKETING</b>	<b>Experienced</b>	<b>Familiar</b>	<b>Unknown</b>
Marketing	✓		
Public relations	/		
Computer graphics		✓	
Social media	/		
Web conferencing	/		
<b>QUALITY IMPROVEMENT/EXPERTISE</b>			
Other areas of education	N/A		
Other health care sources: LPN, chiro, athletic service	N/A		
Other business sources: accounting, administrative	N/A		
Languages spoken: please list	ENGLISH		
<b>BOARD AND COMMUNITY SERVICE</b>			
Service club member/leader	N/A		
Board member: please list	MTAS		
Board member positions held	INSURANCE + GOVERNMENTAL AFFAIRS		

Name: Jordan R. Smith

Signature:  Date: March 17/2022