Scar Tissue Management – Principles, Practice and Protocols
Catherine Ryan, RMT & Nancy Keeney-Smith, MLD, LMT

Friday and Saturday, March 31st and April 1st, 2017 (9:00am – 5:00pm)
Saskatoon Inn and Conference Centre
2002 Airport Drive, Saskatoon

COST: Early-bird: $525.00 (including tax) if registered before February 28th ($600.00 after).

14 primary credits

Space is limited to 40 participants. Minimum 18 required.
Final deadline for registration is March 17th, subject to space availability.
Wear comfortable clothing in which you can treat and be treated.
All participants to bring: linens, towels, pillow and lotion. Please indicate if you are able to bring a massage table.

Name: _______________________________________________________

Address: ______________________________________________________________________________________________

City/province/postal code: __________________________________________________________________________________

Daytime phone: __________________________
E-mail: _____________________________________________________

METHOD OF PAYMENT: (please make cheque payable to MTAS):

VISA/MC (circle one) Credit card #: ___________________________ Exp. date: _________________

Chq #: _________ Therapist signature: ___________________________________________________________________

PLEASE CHECK BOXES TO INDICATE YOUR PAYMENT PREFERENCES:
[  ] I am including full payment of $525.00 ($600.00 after February 28th)
[  ] I am including a $200.00 non-refundable advance deposit & post-dated final balance payment for March 10th

Total payment: $___________ MY SIGNATURE AUTHORIZES MTAS TO CHARGE MY CREDIT CARD WITH THE AMOUNT(S) SHOWN

I will bring a massage table [  ] yes [  ] no

CANCELLATION POLICY: If cancelled prior to Feb. 17th – 50% refund; cancellations after Feb. 17th – no refund.

A block of rooms has been reserved at the Saskatoon Inn for the nights of March 30th 31st and April 1st at the workshop rate of $134 per night plus taxes for a standard queen room. The block will be held until February 28th, at which time any rooms not sold will be released for general sale and the workshop rate will no longer be available.
For reservations, please contact the hotel directly at 306-242-1440 and ask for the MTAS block.
Check in time is 3pm; check out is 11am. Free parking is available in the hotel lot.

RETURN REGISTRATION FORM AND PAYMENT TO:
MTAS Office: #16 - 1724 Quebec Avenue, Saskatoon, Sask. S7K 1V9
Phone: 306-384-7077 Fax: 306-384-7175 E-mail: mtas@sasktel.net
(Registrations received without payment and form will be returned unprocessed)
Scar Tissue Management – Principles, Practice and Protocols
with Catherine Ryan, RMT and Nancy Keeney-Smith, MLD, LMT

Co-taught by Nancy Keeney-Smith LMT, MLD and Catherine Ryan RMT, this course is a culmination of 40+ years of clinical experience supported by current research and evidence informed best practices. Patient-centred care is the mainspring of the instructor’s clinical practice and so too this course!

This highly practical course is aimed at assisting health care professionals with the development of their clinical expertise - enabling them to work safely and effectively with patients with problematic scars of varying etiology and through the various stages of accidental or surgical trauma recovery. Skillfully applied and timely manual intervention can augment the healing process, prevent detrimental complications such as adhesions and pathophysiological scars and effectively address issues that accompany long-standing scars.

The theoretical material covers the foundational science of wound healing and scar formation (normal and abnormal), pathophysiological scar etiology and considerations for working with the target tissues during the various stages of healing and mature scar formation. Trauma sensitive considerations and communication strategies and are also covered. The experiential part of the course includes instructor demos and participant exchange (assessment and treatment) – including methods/tools for evaluating and tracking treatment outcomes.

The overarching learning outcome is to assist the professional with improving their critical thinking, clinical reasoning and scar treatment skills in order to achieve consistently safe and effective clinical outcomes.


“We are not just treating scars; we are treating people with scars.”

Traumatic Scar Tissue Management – Massage Therapy Principles, Practice and Protocols - forward excerpt: This remarkable resource breaks new ground. It stitches together the importance of manual therapies with collaborative therapeutic partnerships and positions the profession’s capacities to help clients with scars within an outcomes-based framework that may be employed by educators, massage/manual therapists and researchers. Look between this book’s covers for answers to questions and to seek evidence-informed treatment solutions for people with scars – Pamela Fitch BA, RMT.

Learning Outcomes
1) Skin, Fascia, Blood Vascular, Lymph, Immune and Nervous System: Structure and Function Overview: Identify and recognize the primary systems involved in wound healing and the target tissues for manual scar tissue treatment and understand their primary functions.
2) Wound Healing/Scar Physiology and Pathophysiology: Understand the wound healing process (normal and abnormal).
3) Types of Pathophysiological Scars and Associated Clinical Considerations: Identify and recognize pathophysiological scars and understand their impact on the patient.
4) Assessment, Evaluation and Tracking Changes: Identify, implement and perform various assessment, measurement and evaluation procedures.
5) Treatment: Employ effective communication and Identify, understand and perform scar treatment principles and protocols.

The Presenters
Nancy Keeney Smith is a Board Certified Licensed Massage Therapist, Certified Lymph Drainage Therapist, and a Florida and NCBTMB Provider of Scar Management Workshops. Nancy’s Scar Management Workshops have been taught internationally to massage school students, LMT’s, PT’s and OT’s. Nancy is the co-author of TRAUMATIC SCAR TISSUE, contributing author to several publications, published researcher on pediatric burn scars, a member of the Associate Research Team at the Florida School of Massage in Gainesville, Florida, founder and Director of The Happy Plus Foundation, former 1st VP of the AMTA Florida Chapter, member of the American Burn Association, and the National Lymphedema Association.

Catherine Ryan RMT is a clinician, educator and writer with a strong interest in patient-centered care, evidence informed practices, and life-long learning. Her post-graduate education has mainly focused on various myofascial approaches taught by international experts. Over her diverse, 25+ year, career she has been engaged in the profession in a variety of clinical, educational and leadership capacities. She is a long standing and active member of professional MT associations and has worked extensively with MT regulators (CMTO & CMTBC) - serving as the current Chair of the CMTBC Board of Directors and a member of the project group currently working on revising and updating the national MT entry-to-practice education and training standards (Interjurisdictional Practice Competencies and Performance Indicators). As an educator and writer Cathy is most known for her keen interest in fascia and research translation. She has contributed extensively to industry publications and recently co-authored her 1st book; Traumatic Scar Tissue Management – Massage Therapy Principles, Practice and Protocols (Handspring 2016). In addition to teaching in-person workshops, Cathy has several accredited distance education courses available at www.TouchU.ca  Cathy can be reached at: cryanrmt@gmail.com