School of Structural Therapy

**SPINAL OSCILLATORY RELEASE** - *Oscillation Techniques & Applications, Level 1*

Technique focus:

Using oscillation techniques to articulate the spine combining elements of **FACILITATED OSCILLATORY RELEASE** and **LOW VELOCITY MODERATE AMPLITUDE** technique.

Course highlights:

- Indications and contraindications
- Structural diagnosis, assessment and treatment of the soft tissues and articulations of the spine
- Understanding the fundamental principles of manipulative therapy:
  - How to accurately identify barriers, restrictions, and abnormal motions in the spine
  - How to determine the significant relationships of altered movements and their impact in the body
  - How to use proper biomechanics, accurately and safely apply short and long leverages

How the techniques work:

The techniques work through mechanical and neurophysiological reflex mechanisms. These mechanisms are those that have been experimentally and clinically proven, and validated through the commonly used manipulative techniques of **Facilitated Oscillatory Release** and **Low Velocity Moderate Amplitude** technique.

Course Fee: $225 plus tax. Payments will be accepted by visa, mastercard, or cheque (payable to LifeSource Rehabilitation Inc.) Discount pricing of $350 plus tax for registration to both Spinal Oscillation and Spinal Positional Release.

Date & Duration: Sunday September 14th 2014, from 9:00am to 5:00pm

Location: Western College of Remedial Massage Therapies, 832 McCarthy Blvd., Regina SK, S4T 6S7

Registration: Spaces are limited. To register, please contact the School of Structural Therapy by email: info@sstherapy.ca with your full name, phone number, and mailing address.

CEU Credits: Each course MTAS approved for 8 primary credits

Prerequisite: Must be a practicing manual therapist

Cancellation Notice: Minimum one week required for full refund. Late cancellations will be charged full fees and a credit will be issued for future courses.