Description & Objectives

The 2014 Older Adult Conference is an interprofessional conference for physicians, nurses, nurse practitioners, pharmacists, social workers, occupational therapists, and physical therapists. The overall goal of the conference is to provide a forum for understanding the interprofessional management of the needs of older adults throughout the continuum of care.

The conference will include plenary sessions on the interprofessional approach to patient/client/family centered and appropriate care. Concurrent sessions will address topics such as falls prevention throughout the continuum, safe and appropriate medication administration, safe care transitions, and the ethics of culturally safe and age sensitive/friendly care. Concurrent sessions will provide small group, interactive, and case based discussions.

Conference Objectives

Participants in this conference will be able to:

• Discuss current issues and controversies in the care of older adults across the continuum of care.
• Identify the factors that contribute to continuity of care for older adults.
• Identify best practice treatment for older adult health challenges.
• Describe the value of the interprofessional approach to the care of older adults.
• Promote the interprofessional approach to the care of older adults across the continuum of care.
• Consider the ethical issues unique to the care of older adults.
• Report innovative care approaches relevant to the health and safety of older adults.

Target Audience:

The target audience for the conference includes a wide scope of individuals who are involved in the care of older adults in a community or institutional setting. This includes nurses, physical therapists, physicians, pharmacists, occupational therapists, and social workers and will be of interest to a number of other professionals who work with older adults such as researchers, representatives from government or funding agencies, recreation therapists, paramedics, personal care workers, long term or acute care aids, chiropractors, dietitians, exercise therapists, massage therapists, psychologists, and members of organizations supporting older adult wellness and public health.
0730   Registration, Continental Breakfast & Displays

0820   Introduction & Welcome – Linda Restau, Director Community Care Branch, Ministry of Health

0830   Opening Keynote - Safety Issues for the Older Adult - Connie Davis
        Participants will be able to:
        • Identify areas on the healthcare continuum where seniors’ safety can be at risk
        • Analyze the contribution of frailty to safety in older adults

0915   Questions & Discussion

0930   Relocation Break

0935   Concurrent Sessions – A -

A-1 Balance and Falls Risk Assessment in the Clinical Setting - Janet Barnes and Sarah Nixon-Jackle
        Participants will be able to:
        • Identify falls risk factors
        • Describe evidence-based screening and assessment tools
        • Identify strategies for intervention based on the Canadian Falls Prevention Curriculum and the AGS/BGS Clinical Practice Guidelines for Prevention of Falls in Older Persons

A-2 Maintaining Independence - Safety in acute and tertiary care - Dr Jenny Basran
        Participants will be able to:
        • Define “iatrogenic disability” and how we are all contributing
        • Describe key areas of intervention / focus to prevent this disability
        • Describe how health professionals can help older adults maintain independence by focusing on such basic areas as mobilizing patients early and preventing delirium

A-3 Delirium Across the Continuum of Care – Dr Marla Davidson
        Participants will be able to:
        • Recognize the clinical presentation of delirium
        • Develop an approach to the prevention and management of delirium
        • Describe why it is important to diagnose delirium

A-4 Insulin Therapy in the Elderly: How to Safely Achieve Individualized Glycemic Targets - Dr Tessa Laubscher
        Participants will be able to:
        • Describe the importance of hypoglycemia in the elderly and individualizing glycemic targets
        • Describe insulin therapy with the use of basal and bolus insulin dosing
        • Access tools to assist with the safe use of pharmacotherapy in older adults with diabetes

1020   Refreshment Break and Displays – Saskatchewan C Ballroom

1050   Concurrent Sessions - Set A Repeated

1135   Relocation Break

1140   Lunch (Provided)
Could the Elderly Bankrupt Canada? Why We Need to Rethink Traditional Approaches to Caring for the Older Adults - Dr Samir Sinha
Participants will be able to:

Questions & Discussion

Relocation Break

1335
Concurrent Sessions – B -

B-1 An Introduction to the Geri-RxFiles: Assessing Medication in Older Adults - Julia Bareham
Participants will be able to:
- Navigate the paradox of addressing polypharmacy concerns in older adults with multiple co-morbidities
- Assess the appropriateness of drug therapy through the application of the Geri-RxFiles to a patient case. This will enable participants to identify and assess medications listed on both the Beers and STOPP Criteria, and institute a plan to optimize drug therapy. The role of deprescribing will be discussed as well

B-2 When is Elderly Care Palliative Care? - Dr Ken Stakiw
Participants will be able to:
- Discuss appropriate and inappropriate interventions using the Palliative model of care

B-3 Mental Health Services for Older Adults - Processing grief and enhancing adjustment with a stroke client - Dr Fern Stockdale-Winder
Participants will be able to:
- Describe the mental health needs of older adults
- Identify strategies to assist older adults to manage grief and adjustment
- Describe strategies to connect older adults with appropriate mental health resources
- Identify opportunities for an interprofessional approach to the management of older adults mental health needs

B-4 Culturally Respectful Care – Connie Davis
Participants will be able to:
- Define cultural humility
- Express factors that create individual cultural identity
- Describe ways to successfully work across cultures

Refreshment Break and Displays - Saskatchewan C Ballroom

Concurrent Sessions - Set B Repeated

Relocation Break

Advanced Care Directives: Who’s in Charge Here, Away? - Michelle Ouellette, Q.C.
Participants will be able to:
- Describe the various legal terms that may be encountered by health care providers
- Discuss the significance of informed consent and informed refusal
- Identify the legal requirements for a valid Health care Directives
- Identify potential “trouble spots”
- Manage conflicts that arise between various interested parties

Adjourn
0745  Continental Breakfast & Displays - Saskatchewan C Ballroom

0815  **The Dignity of Risk Project: Exploring Person Centered Care of Older Adults** - Heather White and Kathryn Hominick

  Participants will be able to:
  - Describe differing perceptions of risk and the care of older adults and the factors that can influence these perceptions
  - Describe concepts such as the dignity of risk and the right to fail.
  - Describe strategies for creating opportunities for interprofessional teams to explore how to further embed the dignity of risk principle into their care processes and practices.

0900  Questions & Discussion

0915  Relocation Break

0920  Concurrent Sessions – C -

C-1  **Building an Interprofessional Falls Prevention Program – How to Develop a Falls Prevention Clinic** - Lynda Smallwood

  Participants will be able to:
  - Describe the multiple risk factors which predispose an older adult to falls
  - Present an adaptable action plan for a Falls prevention clinic designed to assess and address common risk factors for an individual that has a risk of falling. This will include planning time lines, preparation of staff and participants, and follow up with participants post-clinic

C-2  **First Link® is your co-pilot: How to navigate the health care system for dementia** - Trina Hodgson

  Participants will be able to:
  - Discuss the challenges of navigating the health care system for people with dementia and their care partners
  - Describe the collaborative approach of First Link® to supporting people with dementia and their care partners
  - Discuss the benefits of making a First Link® referral
  - Identify other programs, services and resources available from the Alzheimer Society of Saskatchewan

C-3  **Safe Transitions Between Acute/ER and Community** - Dr Jenny Basran

  Participants will be able to:
  - Describe the consequences of poor transitions of care, particularly with regards to medication
  - Describe and ideally apply some tools to make this critical transition period as smooth as possible

C-4  **Non-pharmaceutical pain management strategies for older adults across the continuum of care - Expanding your tool box** – Dr Susan Tupper

  Participants will be able to:
  - Be able to apply current pain models to develop a non-pharmaceutical pain management plan for older adults

1005  Refreshment Break and Displays – Saskatchewan C Ballroom

1025  Concurrent Sessions - Set C Repeated

1110  Relocation Break
1115 **Medication Assessments in Saskatchewan: from long-term care to the community to the very complex!** - Debbie Bunka, Charmayne LeRuyet, Eric Landry, and Myla Wollbaum

Participants will be able to:
- Discuss the frequency/risk of adverse drug events
- Discuss the recent RQHR experience of planning and implementing a revised multidisciplinary medication assessment process for all long term care sites.
- Describe the results of the RQHR pilot site in which the revised multidisciplinary medication assessment process was trialed.
- Identify the medication assessment resources available in Saskatchewan.

1200 **The Age Friendly Community** – Panel Discussion – Dr Murray Scharf, Elliot Paus Jenssen, and Candace Skrapek

Participants will be able to:
- Identify how age-friendly communities respond to the opportunities and challenges of an aging population by creating physical and social environments that support independent and active living and enable older adults to continue contributing to all aspects of community life
- Discuss the Saskatoon a Council on Aging’s Age-friendly Saskatoon Initiative, its interprofessional and cross sectoral collaborative partnerships, research processes, and implementation and evaluation model
- Explore opportunities for replication in other Saskatchewan communities, both urban and rural/remote by sharing knowledge and best practices emerging from the experience and research developed through the Age-friendly Saskatoon Initiative

1230 **Questions & Discussion**

1245 **Adjourn**

*Disclaimer: Speakers and times subject to change without notice.*
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Please make your own arrangements specifying room block name of “Continuing Education and Development for Nurses group block” by phoning: (306) 242-1440, or 1-800-667-8789

PARKING: FREE

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The Division of Continuing Professional Learning, Continuing Physical Therapy Education and Continuing Education and Development for Nurses gratefully acknowledges the valuable contributions of the planning committee members. Without the generous donations of their time, talent and expertise this program would not be possible.
Study Credits:

Physicians: Family Physicians: As an organization accredited by the Committee on Accreditation of Canadian Medical Schools to sponsor continuing medical education for physicians, the Division of Continuing Professional Learning (CPL), College of Medicine, University of Saskatchewan has approved this education program for up to 10 MAINPRO-M1 Credits.

Specialists: This educational event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification (MOC) Program of the Royal College of Physicians and Surgeons of Canada.

Pharmacist: An application for CEUs for pharmacists has been submitted.

The Saskatchewan Kinesiology and Exercise Science Association has approved Older Adult for 5 credits per day. [LINK TO SASKATCHEWAN KINESIOLOGY & EXERCISE SCIENCE ASSOCIATION]

Nurses: Nurse practitioners, and other health care professionals may include their participation in this conference as part of the continuing education and competence programs established by their professional associations.

SMA EDUCATION BANK
Up to $3,000.00 of fees for recognized CME activities can be recovered each year by Saskatchewan physicians from the CME fund, which is managed by the Saskatchewan Medical Association. [LINK TO SMA FUND APPLICATION LINK TO SMA FUND APPLICATION]

Photographs & Video:
Photographs or video are routinely taken of participants for advertisement and other purposes. By registering for the conference, you hereby grant the committee permission to utilize photos of you taken at the conference for advertising purposes.

*Audio and video recording or photographing of sessions by participants is prohibited.

Scent Free Conference:
Due to the health concerns arising from exposure to scented products, we have instituted a policy to provide a scent-free environment for all participants. Scented products such as hair spray, perfume, and certain deodorants can trigger reactions such as respiratory distress and headaches. We kindly ask you to consider others and not use these products during the conference. Thank you.

Room Temperature:
We would like to remind all participants that the room temperature may vary from time to time. While we will try our best to accommodate everyone, we can not control these variants. Please dress in layers.

*The conference organizers are unable to assume risk or responsibility for the registrant’s time or expenses should an act of God, government action, aviation disruption, disaster, weather, or other force beyond the control of the conference make it inadvisable or impossible to conduct this event.
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SILVER

Pharmacy at SAFEWAY

Home Instead

OTHER

Health Canada
Santé Canada
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Institut canadien d’information sur la santé

Osteoporosis Canada
Ostéoporose Canada

Parkinson Society Saskatchewan
Société Parkinson Saskatchewan
In Partnership with Parkinson Society Canada
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DECLARATION OF POTENTIAL CONFLICT OF INTEREST

In keeping with accreditation guidelines, speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest, relating not only to the subject matter of this program but also to any other medical topic.
Optimizing Health for Older Adults: Safety Across the Continuum of Care
April 11-12, 2014
Saskatoon Inn, Saskatoon

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In order to select the interactive sessions you wish to attend, you will need to click on the link provided in the confirmation email that will be sent to you on receipt of registration and payment.

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