



# MTAS

Massage Therapist  
Association of Saskatchewan

## 2025-2026 Board Nomination Application

The Provincial Board of Directors shall consist of not less than five (5) Board members, four (4) of whom shall also be the officers of the Association and no more than ten (10) Board members. All Directors are to be nominated at the Annual General Meeting. Board members are required to attend a minimum of seven Board meetings and one strategic planning and orientation meeting in the month of June. As a Board member, you have the opportunity to create support for and advance the profession of Massage Therapy in Saskatchewan.

Any Practicing Member or Non-resident Practicing Member with voting rights, in good standing, with the exception of an owner or operator of a massage therapy training school, or director of another massage therapy association, who is qualified to act as director, shall be eligible for election to the Board. A retiring Board Member shall be eligible for re-election.

**Board Terms:** A term of office for a Board Member is two years. Each member will be required to serve as Chair on a committee and may also be selected to sit on additional committees. The time involved varies depending on the committees' respective workloads. A Board member needs to commit to a minimum number of hours each month to Board business. These hours will fluctuate through the year depending on the scheduling of operations for the Committee.

**Board members are expected to be ambassadors of the Association in full support of the MTAS Mission and Activities.**

**Competencies and Attributes:** Board members are expected to have general skills or attributes in several components of leadership and governance which will be an asset to the MTAS Board and membership. These skills shall include but are not limited to:

- Confidentiality
- Listening and understanding
- Decision making
- Integrity/ethics/values
- Professional awareness
- Conflict management skills
- Computer skills
- Technology and graphics aptitude

<b>RMT STATUS</b>			
Year of practice as an MTAS member			
Primary area of practice (MFR, research, relaxation, etc.)			
Full time (FT) Part time (PT)			
I previously sat on the MTAS Board (state years)			
I have participated in MTAS committee work (state which)			
<b>MTAS KNOWLEDGE</b>	<b>Experienced</b>	<b>Familiar</b>	<b>Unknown</b>
Policy and Bylaws			
Mission Statement			
Scope of Practice			
Standards of Practice			

## SKILL AREAS:

<b>AUDITING/INTERNAL AUDIT</b>	<b>Experienced</b>	<b>Familiar</b>	<b>Unknown</b>
Board governance			
Financially literate (ability to read and understand financial statements)			
Public speaking			
Report writing			
Computer skills			
PowerPoint presentations			
Intuit Quick Books knowledge			

<b>COMMUNICATIONS AND MARKETING</b>	<b>Experienced</b>	<b>Familiar</b>	<b>Unknown</b>
Marketing			
Public relations			
Computer graphics			
Social media			
Web conferencing			
<b>QUALITY IMPROVEMENT/EXPERTISE</b>			
Other areas of education			
Other healthcare designations: e.g. RN, LPN, chiro, athletic therapist			
Other business education: e.g. accounting, administration			
Languages spoken			
<b>BOARD AND COMMUNITY SERVICE</b>			
Service club member/leader			
Board member: please list the organization			
Board member positions held			
<b>TECHNOLOGY</b>			
Canva, graphic design, website design, other: please list			

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**Name** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_